

# LETS KEEP GROWING... FROM HOME!

FREE VEGETABLE SEEDS AND COMPOST FOR  
BRUNSWICK RESIDENTS DURING COVID-19



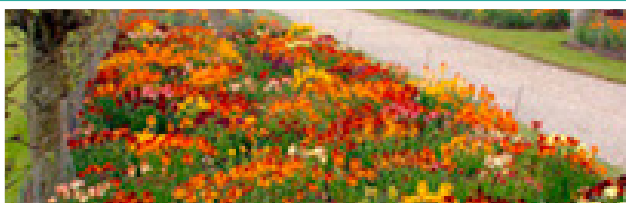
dwarf french bean seeds



cauliflower seeds



carrot seeds



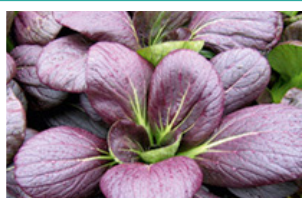
wallflower seeds



salad mix seeds



raddish seeds



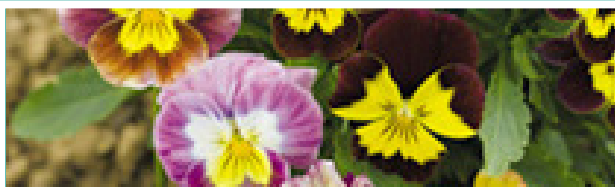
pak choy seeds



turnip seeds



spinach seeds



viola seeds

PHYSICAL DISTANCING, SOCIAL SOLIDARITY!

# HOW TO GROW YOUR SEEDS FROM HOME

1. Email [info@comallsoc.co.uk](mailto:info@comallsoc.co.uk) or text 07587 672 937 with your name, contact details and address.
2. We'll be in touch about delivering your seeds and compost to you safely, or arranging for you to come and pick them up from Brunswick church.
3. Plant your seeds at home and watch them grow!
4. Take photos, make drawings or notes, and send them to us.
5. Tell your Brunswick neighbours about it so they can get their seeds too.


DELIVERING SURPRISE SECTIONS OF  
4 TYPES OF SEEDS TO YOUR DOORSTEP!

FIRST COME, FIRST SERVED!



#### Community-led gardening projects

[letskeepgrowing.co.uk](http://letskeepgrowing.co.uk)  
[letskeepgrowing@gmail.com](mailto:letskeepgrowing@gmail.com)

 @Let'sKeepGrowing

 @letskeepgrowingmcr

 @LetsKeepGrowing



#### SB4

[s4bmanchester.co.uk](http://s4bmanchester.co.uk)  
[info@s4bmanchester.co.uk](mailto:info@s4bmanchester.co.uk)

 @s4bmanchester

 @S4Bmanchester

030 05 55 0128

#### COMAS



#### Chorlton On Medlock Allotment Society

[comallsoc.co.uk](http://comallsoc.co.uk)  
[info@comallsoc.co.uk](mailto:info@comallsoc.co.uk)

 @ChorltonOnMedlockAllotmentSociety

 @COMallotmentsoc

07587 672 937