



Health and Well-being



Exercise Class

- ✓ Easy to do exercises
- ✓ Feel Better
- ✓ Have some fun
- ✓ For only £2
- ✓ Why not come and take part?

Tuesdays 1:30pm

Starting Tuesday 2nd November

Brunswick Church
Brunswick Street
Manchester M13 9SX

For more information

Contact Clive
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